Diagnosis of sudden cardiac death due to early myocardial ischemia: An ultrastructural and immunohistochemical study

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Abstract

The aim of this post-mortem ultrastructural and immunohistochemical study is to explore the characteristics of acute myocardial ischemia in the context of sudden death, using the combination of two different methods, both more insightful than ordinary histology. Transmission electron microscopy and immunohistochemistry, in addition to the traditional histology, were applied to study human heart specimens collected during forensic autopsies. The whole series was sub-grouped into cases (n=17) and controls (N=10). The control group consisted of unnatural death with a short agonal period (immediately lethal injuries). Heart samples of the two cohorts of subjects were prepared for electron microscopy. On the other hand, each specimen, formalin fixed and paraffin embedded, was stained with haematoxylin and eosin and immunoreacted with the following primary antibodies: anti-Fibronectin, anti-Connexin43, anti-npCx43 (dephosphorylated form of Connexin43), anti-Zonula occludens-1. Immunopositivity for each marker in the myocardium was semi-quantitatively graded. Electron microscopy revealed a number of interesting differences, statistically significant, between acute myocardial ischemia and controls, regarding the morphology of nucleus, mitochondria and intercellular junctions. By immunohistochemistry, fibronectin was found to be increased in the extracellular matrix of the acute myocardial ischemia cases, with a statistically significant difference compared to the controls. Connexin 43 staining disclosed a slight increase (not statistically significant) in the cytoplasm of acute myocardial ischemia cases compared to the controls, whereas no significant differences were seen between cases and controls at intercellular junctions. npCx43 showed an evident difference of intensity and pattern (even though not statistically significant) in cases compared to controls and overall this difference was more evident in the cytoplasm. Zonula occludens 1, described as an important marker for functional modification of cardiac muscle fibers, resulted negative or very weak in the vast majority of both cases and controls. The present study attempts to simultaneously apply electron microscopy and immunohistochemistry, in order to figure out the morphological changes that might lead to pathological processes underlying the sudden, unexpected death due to acute myocardial ischemia, and consequently to find useful diagnostic markers of early ischemic injury. Both methods showed significant differences between acute myocardial ischemia and controls, regarding, overall nuclei, mitochondria, and intercellular junctions.

Introduction

Sudden cardiac death is a major health problem. Almost 85% of all the sudden deaths are due to cardiac causes.1 Moreover, it has been reported that in subjects over than 55 years old, 80% of sudden cardiac deaths are due to coronary heart disease.1 The present study is focused on ischemic heart disease, that represents the most frequent cause of sudden cardiac death in industrialized countries.

In many cases of sudden cardiac death, the examination of the heart shows a number of chronic alterations (stenosing coronary atherosclerosis, fibrosis of the myocardium), consequent to previously occurred ischemic insults. Even though these findings can be suggestive of an ischemic aetiology of the sudden death, the only evidence of stenosing coronary atherosclerosis cannot allow the pathologist to determine the cause of death. In fact, in such cases the pathologist is not able, using the classic tools, to identify the effects of an acute myocardial damage. Therefore, often the medico-legal diagnosis is made per exclusionem. In other words, in presence of atherosclerotic coronary sclerosis determining stenosis of various entity, the death is often identified as ischemic, although the heart shows only chronic injuries and scars of previous ischemic episodes. Yet, such chronic alterations cannot be regarded as the cause of the death, considering that the subject, until very shortly before the event, had sufficient cardiac function. There is a lack of knowledge about the changes that occur shortly after the starting of the ischemia in the human cardiomyocytes that can quickly lead to death. In fact, in early ischemia (less than 4-6 hours) an actual myocardial damage detectable by ordinary

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Coronary atherosclerosis is the underlying substrate for the majority of cases of ischemic heart disease. An acute coronary syndrome recognizes at least two mechanisms: it may be triggered by a disrupted atherosclerotic plaque with a superimposed thrombosis (with the rapid and complete occlusion of a coronary branch) or can be the result of a chronic critical stenosis that leads to an acute heart failure, often during a condition of increased demand of oxygen, such as physical exercise. In the first hypothesis, that is a thrombotic plaque, the simple endothelial thickening develops to involve the media and usually becomes infiltrated with lipids. Whilst the covering endothelium remains intact, the danger to life is confined to the luminal reduction from the bulge of the enlarging plaque. When the fibroendothelial cap begins to break down under the pressure and erosion of the central necroting process, the plaque may rupture into the lumen. This has several consequences, which may precipitate acute symptoms or even death. Thus, mural thrombus may completely block or severely narrow the residual lumen, with all the consequences of reduced blood flow to the distal myocardium. The myocardial ischemia can lead the patient to death very quickly, before the appearance of the necrosis. In the majority of sudden death cases too. In particular, the main mechanisms: it may be triggered by a disrupted atherosclerotic plaque with a superimposed thrombosis (with the rapid and complete occlusion of a coronary branch) or can be the result of a chronic critical stenosis that leads to an acute heart failure, often during a condition of increased demand of oxygen, such as physical exercise. In the first hypothesis, that is a thrombotic plaque, the simple endothelial thickening develops to involve the media and usually becomes infiltrated with lipids. Whilst the covering endothelium remains intact, the danger to life is confined to the luminal reduction from the bulge of the enlarging plaque. When the fibroendothelial cap begins to break down under the pressure and erosion of the central necroting process, the plaque may rupture into the lumen. This has several consequences, which may precipitate acute symptoms or even death. Thus, mural thrombus may completely block or severely narrow the residual lumen, with all the consequences of reduced blood flow to the distal myocardium.

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The Cx43 is the main component of GJ, the structures that mediate electrical coupling between cardiomyocytes, responsible of the synchronous contraction of the heart. Focal disorganization of GJ distribution and down regulation of Cx43 at intercalary discs (ID) level are typical features of myocardial remodelling in failing heart due to various diseases, among which myocardial ischemia. Namely, in the normal heart, Cx43 is phosphorylated and localized at ID; stimuli such as ischemia, hypoxia and hypothermia induce de-phosphorylation and redistribution of npCxCx3 protein into the cytoplasm and/or lateral cell border of cardiomyocytes. Particularly, the electrical uncoupling induced by ischemia (and therefore the rhythm alteration responsible for sudden death) is related to alterations in phosphorylation of Cx43. In animal models, decreased Cx43 and increased npCxCx3 at ID were detected 15 min after the beginning of ischemia and became more evident with prolonged ischemia. So, the increased positivity of npCxCx3 at ID and at cytoplasm, in the ischemic hearts is likely to indicate the progressive de-phosphorylation of Cx43 and its redistribution from the cell junction to the cytoplasm due to the ischemic insult.

Regarding the ZO-1, it is known it binds and regulates the Cx43, having a mechanical function. So, it might be another marker of the junction disruption during very early ischemia. In literature there are only a few reports about this phenomenon in autopic material, whereas it was extensively studied in animal models. Although the mechanisms underlying the ischemic changes has been so deeply investigated, the diagnosis of AMI is still one of the most difficult for the pathologist. In fact, using conventional histochemical staining procedures, acute ischemic injury can only be detected 4-6 hours after the onset of ischemia. Therefore, the aim of the presents study is to observe the ultrastructure of ischemic cardiomyocytes, compared to controls, as well as the expression of a selected group of immunohistochemical markers such as,
Fibronectin, Cx43, npCx43 and ZO-1. The purpose is to find useful markers of early myocardial ischemia, that can allow to detect the acute myocardial damage when it is so initial that it is not accompanied by lesions, observable through the traditional methods (light microscopy), that can be regarded as specifically related to ischemia. This investigation, on the other hand, has the goal to go deeper into the physiopathology of the sudden death due to heart ischemia in human. Overall, this work is likely to provide results that can be important also from a clinical point of view, in terms of prevention and therapy of AMI.

**Materials and Methods**

**Subjects and specimens**

We retrospectively studied 27 heart specimens, selected among heart samples collected during forensic autopsies performed between 2012 and 2016. The subjects’ profiles are shown in Supplementary Table 1 and 2.

The cases of AMI were selected on the basis of anamnesis and circumstantial data, as well as the macroscopic and traditional microscopy observation. In each case, after having excluded the other possible causes, the pathologist had finally attributed the death to an AMI, even though the heart did not present any specific alteration that could demonstrate the acute ischemic injury. In most cases, chronic ischemic alteration could be detected (coronary stenosis, myocardial ischemia). The control group, chosen considering homogeneous characteristics in respect of the cases, consisted of unnatural deaths with a short agonal period (immediately lethal injuries). In each case the samples submitted for the study were obtained from the left ventricular wall or septum, according to the supply regions of the damaged coronaries (where coronary lesions were present). The ischemic area was identified according to the coronary lesions (described in Supplementary Table 1): the myocardium were semi-quantitatively graded as quantitative discrete variables and the staining pattern of each marker could be detected (coronary stenosis, myocardial ischemia). The control group, compared to 326.1 g (±68.82) in AMI group, showed 447.88 g (±96.56) in AMI, acute myocardial ischemia; ID, intercalated discs.

**Immunohistochemistry**

To carry out the histochemical and immunohistochemical investigation, paraffin blocks were retrieved from the archive of our Department. Four μm-thick sections were cut. Each section had been previously routinely stained with Hematoxylin-Eosin. Immunostaining was performed with the following primary antibodies: anti-fibronectin (rabbit monoclonal antibody, ab32419, diluted 1:200; Abcam, Cambridge, UK), anti-Cx43 (Abcam; rabbit monoclonal antibody, ab11370, diluted 1:2000), anti-npCx43 (Invitrogen, mouse monoclonal antibody, CX-1B1, diluted 1:50), anti-ZO-1 (Invitrogen, Carlsbad, CA, USA; mouse monoclonal antibody, ZO1-1A12, diluted 1:50). Tissue sections were blocked by 3% hydrogen peroxide for 12 min. Then, heat induced antigen retrieval was obtained. Following overnight incubation with the primary antibody at 4°C, immunoreactions were visualized using the avidin-biotin method, followed by color development with diaminobenzidine. Immunostaining of each marker in the myocardium were semi-quantitatively graded and the staining pattern of each marker was described as stated in Table 1, adapted from Kawamoto’s work.16 The evaluation was performed by two independent observers (SV and AF).

**Results**

**Macroscopic observations and conventional microscopy**

Regarding the controls, the myocardium did not show any alteration, neither macroscopically nor at light microscopy observation. Among the AMI group, in 14 out of 17 subjects the coronary stenosis, together with chronic changes due to previous ischemic insults, were identified. The observation at light microscopy (H&E staining) of the AMI Median (IQR) Controls Median (IQR) P-value

<table>
<thead>
<tr>
<th>Marker</th>
<th>AMI Median (IQR)</th>
<th>Controls Median (IQR)</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
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<td>Fibronectin</td>
<td>2(1-3)</td>
<td>1(1-2)</td>
<td>0.019</td>
</tr>
<tr>
<td>Connexin (Cx43) ID localisation</td>
<td>2(1-2)</td>
<td>2(1-3)</td>
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<td>cytoplasmatic</td>
<td>0(0-1)</td>
<td>0(0-2)</td>
<td>0.990</td>
</tr>
<tr>
<td>Connexin (npCx43) ID localisation</td>
<td>1(1-2)</td>
<td>1(0-1)</td>
<td>0.138</td>
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<tr>
<td>cytoplasmatic</td>
<td>1(0-2)</td>
<td>0(0-1)</td>
<td>0.073</td>
</tr>
<tr>
<td>ZO-1</td>
<td>0(0-1)</td>
<td>0(0-0)</td>
<td>0.093</td>
</tr>
</tbody>
</table>

AMI, acute myocardial ischemia; ID, intercalated discs.
AMI cases showed non-specific alterations, such as contraction bands and cardiomyocyte fragmentation, that can be regarded as morphologic signs of cardiac distress, and can be seen in many other conditions (not shown). In 10 out 17 subjects some areas of coagulative necrosis were also observed.

Transmission electron microscopy

Firstly, it is noteworthy that the technique used in the present study, that consisted in retrieving specimens conserved in formalin for a long period of time and treating them as previously described (see Materials and Methods), proved to be efficient and to provide good-quality material for observation at TEM level. This is a remarkable result by itself, as it is widely believed that autoptic material is not suitable for this purpose and that a very accurate and immediate fixation of the specimens after death of the subject is absolutely necessary. Conversely, the present results suggest that, as long as the specimens are properly prepared, the ultrastructural evaluation of such samples can provide a great amount of information.

The ultrastructural TEM study was possible, overall, in 20 out of 27 cases, including 10 deaths due to AMI and 10 controls (deaths due to traumatic causes with a short agonic period), because the formalin fixed heart samples were available for this number of subjects. In fact, when an autopsy is performed, the samples to be embedded in paraffin for the ordinary histology are firstly taken. Then, other fragments of each organ are formalin fixed and stored (as judiciary trial records). Yet, the latter were not always extensive enough to make sure about the exact localization where the specimen was taken. Therefore, it was decided not to consider such cases for TEM examination and to limit the investigation to the specimens for which the precise site of sampling was well known.

The most remarkable differences concerning the ultrastructural characteristics detected between cases and controls regarded the morphology of mitochondria, the nuclei, the sarcolemmas and intercellular junctions. The following alteration were identified as the most significant and qualitatively assessed.

Mitochondria abnormalities

Four different grades of mitochondrial damage were observed (and compared between AMI and controls in Figure 2): swelling (observed in the totality of the specimens examined, regardless the cause of death; Figure 1A, black arrowhead); fragmentation or lysis of cristae (Figure 1A, white arrowheads; present in 4/10 controls compared to 9/10 AMI, P=0.019); the decrease of the matrix density (Figure 1A, asterisks; in 1/10 controls and 4/10 AMI) and finally the disruption of external membrane (figure not shown, in 2/10 controls and 5/10 AMI).

Electron-dense deposits (Figure 1B, arrowheads) within the matrix were detected in 4/10 AMI and 1/10 of the controls.

Nuclear changes

They represent one of the most striking results, considered that they seem not to be influenced by post-mortem autolysis. The normal myocardiocyte nucleus is bounded by a double membrane, nucleoplasm is homogeneously distributed, without any aggregate, as already reported. Nuclear changes mainly observed included margination of chromatin (Figure 1C, serial white arrows at the periphery of nucleus, N) and intranuclear vacuolization (Figure 1D, white asterisk). The rarefaction of nucleoplasm with chromatin margination was observed in 1/10 control compared to 9/10 AMI; similarly, nuclear vacuolization was present in 2/10 controls in respect of 9/10 AMI, showing a significant difference between the two groups (Figure 2, P<0.0001 and P=0.002, respectively).

Figure 1. Ultrastructural features by TEM analysis of myocardiocytes of AMI vs control. A) Mitochondrial swelling, in some mitochondria (arrows) associated with cristae fragmentation; disruption of the external membrane together with loss of matrix density (subject 7). B) Mitochondrial deposits (arrows) associated with the widely represented mitochondrial swelling (subject n. 8). C) Margination of chromatin (subject n. 8). D) Nuclear vacuoles (subject n. 10). E) The normal organization of the myofibrils in respect of the mitochondria. F) The loss of organization of the myofibril in respect of the mitochondria. (Subject n. 5).
Damage of the intercalated discs and sarcomers disruption

ID are structures resistant to the ischemic insult; therefore, the dehiscence of ID is a late sign of ischemia. Notwithstanding, also considering the immunohistochemistry (IHC) results illustrated later, we hypothesize that the ultrastructural observation of this site might be of interest. Yet, the oedematous separation or widening of ID, together with the loss of their integrity, was detected in only 3/10 cases and in none of the controls. It does not represent a statistically significant result (Figure 2; P=0.06). Conversely, the disruption of the sarcomeres (considered resistant) was appreciated in 4/10 cases and none of controls, and it was associated to a statistically significant difference between groups (Figure 2; P=0.025).

Organization of the relationship between mitochondria and myofibrils

Usually mitochondria are located throughout the heart muscle fibres (Figure 1E, mitochondria in regular pattern circled by white lines), about the nucleus at either pole, in long chain between bundles of myofilaments). The loss of this organization was seen in 4/10 AMI (Figure 1F, white circle pointing randomly organized mitochondria) and in none of the controls (Figure 2; P=0.0098).

In sum, on the basis of the results described above, it is possible to state that the most meaningful connection was observed between acute myocardial ischemia and nuclear changes (which were present in the totality of the AMI compared to none or few of the controls) and the loss of organization between mitochondria and myofibrils (present in the 50% of AMI compared to none of the controls). The mitochondrial changes (except the cristae fragmentation) appeared to be more dependent on the post-mortem autolysis, and therefore not significantly different between the two groups (Figure 1A). The quantification of these abnormalities and qualitative results are summarized in Figure 1 A-B.

The relationship between the ultrastructural alterations observed and the post-mortem interval and the resuscitation was also investigated. A significant association was found only between sarcomeres disruption and resuscitation. In particular, 3 out 16 subjects who did not show the sarcomeres disruption underwent the resuscitation, whereas 3 out 4 subjects that showed sarcomeres disruption underwent the resuscitation. Yet, we do not think that this isolated result is meaningful by itself in such a small number of subjects.

Figure 2. Graphical representation of qualitative and quantitative differences in the ultrastructural features described in AMI vs control. A) In the x axis, the ultrastructural changes considered are listed. For each of them, the number of case in which the characteristic is present is represented by the column (pink for cases and blue for controls). B) Results of the statistical analysis of the myocardioyte pathologic conditions observed at electron microscope, described qualitatively as present or absent.
Immunohistochemistry

Fibronectin

In almost the totality of the controls fibronectin staining was graded as 1 (based on elements reported in Table 1; representative image in Figure 3A). Conversely, in the AMI group, in 6 out of 17 cases, fibronectin showed a weak and diffuse pattern (grade 2; not shown); 6 cases were evaluated as a grade 3 (strong and diffuse pattern, representative image Figure 3B); 5 showed a weak diffuse pattern (grade 1; not shown), whereas none of them were negative. Collectively, the differences between the two groups evaluated on the basis of the staining pattern resulted statistically significant (Table 2; P=0.019).

Connexin 43 and npCx43

In intercalated discs, the physiological localisation of Cx43 showed a slightly higher positive staining in the controls (representative image in Figure 3C) compared to the heart ischemia cases, (more cases graded as 2 or 3, representative image in Figure 3D). Besides, in the cytoplasm the positivity was higher in the group of acute ischemic heart disease compared to controls (not shown). On the other hand, npCx43 was positive in a higher number of AMI (representative image in Figure 3F) in respect of the controls (Figure 3E); this difference was more marked in the cytoplasm of myocardial cells, as expected (representative image in the inset of Figure 3F showing cross section of muscle fibres of AMI). The potential difference in the staining pattern did not give significant results (Table 2), even though a trend has been observed for npCx43 in the cytoplasm (Table 2; P=0.0731).

ZO-1

Overall, ZO-1 did not show any significant difference in the intensity and in the pattern of staining between cases and controls. Moreover, the positivity, in both groups, even though undoubtedly present at the ID, was weak, graded mostly as grade 1 (representative images for both groups Figure 4 and Table 2).

The relationship of the immunohistochemical features with the post-mortem interval and the resuscitation was also investigated. A significant difference was found only comparing ID Cx43 positivity levels in 7 subjects late post-mortem interval with respect to 7/20 subjects with early post-mortem interval (P=0.0037).

Based on these evidences it is, in our opinion, possible to state that neither the post-mortem interval nor the resuscitation are confounding factors in the expression of the immunohistochemical markers here considered.

Discussion

This study attempts to simultaneously apply, in combination to light microscopy, either TEM and IHC and compare and combine the findings, in order to better understand the changes in morphology that occur early in cardiac muscle and might be at the basis of the physiopathology of early myocardial ischemia. Moreover, another
potential important aim is to identify useful markers for the post-mortem diagnosis for early onset of AMI.

In view of the previous studies on animal models, it was felt that structural alterations, not observable using the light microscope, might be demonstrated using TEM, as it provides a much deeper insight into the morphology of cells and tissues. Firstly, it must be said that any consideration about ultrastructural changes made on autopsic material must take into account the factor of post-mortem autolysis. A number of autolytic changes mimic early ischemic changes quite closely and include loss of glycogen, swelling of mitochondria, elongation of sarcomeres, clumping of nuclear chromatin and the appearance of lipid droplets in the sarcoplasm.

Such autolytic alterations have been extensively studied. Interestingly, it was seen that, despite the autolytic changes evolve rapidly in about the first 2-3 h, they show the tendency not to evolve substantially in the following hours. Moreover, the present study strongly suggests that these changes still permit worthwhile ultrastructural observations to be made in post-mortem samples of human myocardium, in contrast with previous reports, which stated that autolytic changes hinder a reliable morphological assessment of very early ischemic injury at TEM level. The hypothetical association between post-mortem interval and the ultrastructural changes were deeply investigated; no significant relationship was seen, suggesting that the post-mortem interval do not interfere with the ultrastructural features that appeared to be significantly related to early ischemia. In order to reduce the number of potential confounding factors, the choice of the controls was particularly accurate, all of them consisting in extremely rapid traumatic deaths in which such changes had no time to develop. Agonal period, in fact, might be a confounding factor when it is necessary to evaluate the exact evolution of autolytic changes.

Concerning the ischemia-induced changes, the most striking results regard the nuclear abnormalities, that consist in chromatin margination and vacuolization. These characteristics were observed in almost the totalty of AMI subjects and in none of the controls, in which the chromatin showed a homogenous distribution. Other findings, especially the disruption of sarcomers and the loss of organization between mitochondria and myofibrils, even though not statistically significant, seem to be more advanced signs of myocardial damage, as they were present in a few AMIs (without a clear tendency) but in none of the controls. Also, the mitochondria showed interesting features, even though they are more vulnerable to autolytic changes, first swelling, which was observed in the totality of the subjects. More advanced abnormalities, like the decrease of matrix density and the disruption of the external membrane, were detected in very few AMI and, respectively, in 2 and 1 control. Therefore, it is possible to state that the mitochondrial alteration are, generally, not of great relevance in the diagnosis of the early ischemia, because, consistently with what had been previously pointed out by literature, they are particularly susceptible to the post-mortem changes. The only exception regarded the fragmentation of cristae, which was observed in almost all the AMIs and in the majority of controls and showed a statistically significant difference. Yet, due to the relatively small group of subjects, this finding requests further investigations.

The presence of deposits within the mitochondrial matrix has been reported in literature to be significantly higher in AMI compared to controls. Due to the role of mitochondria as intracellular buffer to eliminate the increased calcium content in the sarcoplasm. Interestingly, the presence of mitochondrial deposits did not show a significant difference in the present cohort of subjects, being present in only 4 out of 10 AMI cases and in 1 control. This finding do not confirm the data reported in the literature regarding ultrastructural changes observed in AMI.

A mandatory addition to the present discussion should include possible weaknesses of the application of this method to the forensic practice. The use of qualitative or semi-quantitative method to evaluate the ultrastructural severity of diseased myocardium requires a high level of interpretative skill and special knowledge by the observer. Variations due to the subjective nature of the interpretative process make it difficult to obtain an objective estimate of the severity of myocardial lesions. For the assessment and for reproducibility, the assessment of the semi quantitative data or descriptive parameters by two independent observers is recommended.

Moreover, EM (a consolidated technique for morphologic examination) is not easy to introduce in forensic practice, especially considering that it is time-consuming and expensive, especially in terms of human resources; the results are much difficult to evaluate, giving the wide range of alterations and the various grades they can show. Yet, as it was demonstrated by the present work, it provides a deep insight into the morphology of cardiomyocytes and we believe that its role in forensic pathology (which was neglected so far) has to be upgraded.

Regarding IHC, the present study pointed out interesting findings about all the markers tested. Firstly, it showed a significant difference of grading for fibronectin between cases and controls. Interestingly, the marker did not stain the cytoplasm in any case, in contrast to what reported in literature. Even though expression of fibronectin showed an increase due to the ischemia in comparison to controls, as widely known from previous studies, the results obtained suggest that it is not specific enough to be used as a marker of early myocardial ischemia for forensic purposes. In fact, it is undeniable that the staining was positive, even if weak, in controls that are healthy subjects dead from traumatic causes. In addition, this study pointed out, according to the literature, that the immunostaining for fibronectin is influenced by too many factors for being considered a reliable marker of early myocardial ischemia. Among the mentioned confounding factors, conditions of global hypoxia/ischemia, that influence the expression of fibronectin, can occur in may causes of death often encountered in the forensic practice, for example asphyxia. It is crucial being able to differentiate between a sudden death due to ischemic causes from violent deaths, for example drowning.

The immunostaining for the two forms of Cx43 (phosphorylated and non-phosphorylated) provided the most interesting results, showing, in AMI, a decrease of the phosphorylated form in ID and an increase of the non-phosphorylated form in the ID. To note, this difference of pattern distribution was more evident in the cytoplasm.

Collectively, the present study, using human autopic heart samples, shows that the de-phosphorylation of Cx43 and its redistribution from ID to the cytoplasm can be detected, using IHC, in most of the examined cases of sudden cardiac death. These results indicate that the remodelling of ventricular GJ, that corresponds with the dephosphorylation of Cx43 and its dislocation from the ID to the lateral membrane and the cytoplasm of myocardiocites, represents a key factor in myocardial heart ischemia, contributing the terminal arrhythmia responsible for sudden death. This phenomenon seems to be a very quick reaction to the ischemic insults; therefore, it may be used to diagnose early myocardial ischemia when it is too early to be detected with common methods. Concerning the ZO-1, this investigation pointed out a weak staining for ZO-1, either in AMI and the controls. Given the absence of any significant difference between the two groups, it is likely that the downregulation of the ZO-1, that is indicated in literature as another early consequence of ischemia, can be influenced.
from other factors (maybe post-mortem phenomena). This evidence suggests the need of further investigation.

Finally, it must be stated that all of the markers of AMI here investigated, despite the interesting findings about their distribution, have the disadvantage that they are positive also in the controls and, therefore, the grade of positivity and its location are conclusive for the outcome of the analysis. So, a correct scoring method is crucial. It must be taken into account that many factors, such as technical issues (fixation, sectioning, have the disadvantage that they are not part of the interesting findings about their distribution, and, therefore, the need of further investigation.

In conclusion, the present study using human autopic material suggests that the ultrastructural observation with TEM, combined and integrated with IHC against the proteins that compose the GJ, can provide a complete overview of the structural changes due to early myocardial ischemia in order to achieve the diagnosis in samples devoid of any pathological alteration detectable with common methods (gross examination and light microscopy). In particular, nuclear abnormalities seem to be the most specific marker regarding ultrastructure, whereas Cx43, as well as npCx43, provided the most significant immunohistochemical results. The integration of the two methods provides useful information about the pathophysiology of early myocardial ischemia that may be relevant from a clinical point of view.

References


