

SHORT REPORT

Somatostatin receptor positron emission tomography/computed tomography imaging in Merkel cell carcinoma

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Abstract

Background Merkel cell carcinoma (MCC) is an uncommon aggressive primary cutaneous carcinoma with neuroendocrine differentiation. However, literature data about the use of somatostatin receptor positron emission tomography/computed tomography (PET/CT) imaging in MCC are limited and its role is not clearly stated.

Objective To investigate the role of PET/CT using somatostatin analogues radiolabelled with gallium-68 in patients with MCC.

Methods All patients affected by MCC who performed a somatostatin receptor PET/CT imaging from October 2007 to May 2014 were retrospectively analysed. The diagnostic performances of PET/CT were evaluated on a patient-based analysis and compared to final diagnosis (histology = 3 or clinical/radiological follow-up = 20).

Results We evaluated 23 consecutive MCC patients [18 men; median age 71 years (range 47–87)]. Primary tumour was located in ear (1/23), cheek (3/23), arm (2/23), hand (1/23), back (1/23), anal canal (1/23), gluteus (4/23), thigh (3/23) and popliteal fossa (1/23). In 6/23 patients, the site of primary tumour was unknown. PET/CT was performed to detect primary tumour site (4/23) or to stage (8/23) or re-stage (11/23) patients. PET/CT resulted positive in 14/23 patients and according to the final diagnosis was defined true positive, true negative, false positive (FP) and false negative in 11/23, 8/23, 3/23 and 1/23 cases respectively. FP PET/CT results were due to unspecific liver uptake, post-surgical inflammation and pancreatic neuroendocrine tumour. PET/CT was unable to detect primary tumour site in all patients with unknown primary MCC. Sensitivity, specificity and diagnostic accuracy of PET/CT were 92%, 73% and 83% respectively.

Conclusions In our experience, somatostatin receptor PET/CT imaging resulted useful in patients with MCC and presented high diagnostic performances with a significant impact in disease management although in patients with unknown primary MCC, it was unable to identify the primary tumour site.

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Conflicts of interest

All authors declare no competing financial interests.

Funding sources

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Introduction

Merkel cell carcinoma (MCC) is an uncommon aggressive primary cutaneous carcinoma with high mortality.^{1–3} Establishing the exact extent of the disease may ensure an optimal choice of treatment; therefore due to the metastatic potential of MCC, the

role of imaging is crucial. Despite most of these tumours have ultrastructurally and immunocytochemically neuroendocrine characteristics, few cases (manly case reports or small series) have been evaluated by somatostatin receptor (SSTR) positron emission tomography (PET) or positron emission tomography/computed tomography (PET-CT).^{4–10}

In this study, we aimed to evaluate ⁶⁸Ga-labelled somatostatin (SST) analogues PET/CT in patients with MCC.

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Materials and methods

Patients

Between October 2007 and May 2014, a total of 23 consecutive patients [18 men and five women; median age 71 years (range 47–87 years)] with pathologically confirmed MCC, referred for ^{68}Ga -DOTA-peptides PET/CT, were retrospectively evaluated. PET/CT studies were performed in Nuclear Medicine Units of 'Arcispedale Santa Maria Nuova – IRCCS Reggio Emilia' (Centre A) and 'Università Cattolica del Sacro Cuore' in Rome (Centre B). The use of ^{68}Ga -somatostatin analogues was approved by Local Ethics Committee of each centre (EudraCT numbers 2008-000983-17 and 2010-023827-34 for centres A and B respectively). All patients provided informed consent for PET/CT and for personal data use.

Inclusion criteria for the above-mentioned studies were: age >18 years, cytohistological diagnosis of neuroendocrine tumor (NET), signed informed consent. In Merkel cell carcinoma of unknown primary origin (MCCUP), diagnosis of MCC was made by analysing lymph node(s). Radiological imaging results were also collected.

Positron emission tomography/computed tomography imaging

Positron emission tomography/computed tomography was performed on a hybrid scanner (Discovery STE; GE Healthcare, Chalfont St. Giles, UK in Centre A and Gemini GXL; Philips Medical Systems, Cleveland, OH or Biograph; Siemens Healthcare, Malvern, PA in Centre B). Images were acquired 60 ± 10 min after tracer injection (2 MBq/kg) as whole body (vertex–feet) in both Centres according to protocols previously described.^{11,12}

All PET/CT scans were re-evaluated (qualitative analysis), independently, by two experienced nuclear physicians aware of patients' clinical history and of results of prior conventional imaging. PET/CT was considered positive in case of radiopharmaceutical uptake higher than background activity (mediastinum), and negative in case of no evidence of abnormal radiotracer uptake. PET/CT results were compared to reference standard (i.e. final diagnosis).

Statistical analysis

A descriptive analysis was performed. Sensitivity, specificity and accuracy of PET/CT imaging were calculated with 95% confidence interval (CI). A *P*-value <0.05 was considered significant by chi-square test.

Results

Table 1 summarizes patients' characteristics and main results of the study.

The AJCC stages of disease¹³ at enrolment for patients who performed PET/CT for staging (8/23) were I (1/8), II (3/8) and III (4/8).

Grade of differentiation was G3 in all available (6/23) cases (Ki-67 = 70%, range 30–90%).

Final diagnosis was obtained by histology/cytology (3/23) or clinical and radiological follow-up (20/23). Median time of follow-up was 303 days (range 74–2233). According to final diagnosis, 12/23 patients had at least one MCC-related lesion, whereas 11/23 patients had no evidence of disease.

^{68}Ga -DOTA-peptides PET/CT resulted positive in 14/23 (Fig. 1) and negative in 9/23 cases.

^{68}Ga -DOTA-peptides PET/CT presented 92% (CI: 65–98) sensitivity, 73% (CI: 43–90) specificity and 83% accuracy. Diagnostic accuracy was higher for ^{68}Ga -DOTANOC compared to ^{68}Ga -DOTATOC or ^{68}Ga -DOTATATE (100% vs. 71% and 75% respectively; *P*-value = 0.56) and for staging compared to re-staging (88% vs. 73%; *P*-value = 0.7).

In MCCUP (6/23), PET/CT not identified primary site of disease resulting positive for metastases in four cases and negative in the remaining two cases.

Based on a per-lesion analysis, 76 lesions were identified (considering only the 14 positive scans). In the majority of cases lymph nodes were involved (61/76). Other sites of radiotracer uptake were soft tissues (7/76), skin (3/76), adrenals (2/76), pancreas (1/76), colon (1/76) and liver (1/76). Seventy-two lesions resulted as true positive (TP) (lymph nodes *n* = 61, soft tissues *n* = 7, skin *n* = 2, adrenals *n* = 2), while in 4/76 cases radiotracer uptake was not MCC-related. Particularly, in patient #9 the area of ^{68}Ga -DOTATATE uptake observed in the site of MCC surgery was subsequently diagnosed as post-surgical inflammation; in patient #11 liver uptake was unspecific; while in patients #23 and #20 a pNET and a synchronous MCC metastases plus primary colon cancer (Fig. 2) were diagnosed respectively.

Clinical stage of disease was not modified by PET/CT in patients who performed examination to stage disease (8/23). PET/CT changed patients' management in 7/23 cases (Table 2).

Discussion

In our experience, SSTR PET/CT resulted very useful in MCC and provided information impacting in patients' management even if it was unable to identify primary tumour in MCCUP.

The role of PET/CT in the identification of primary tumours in MCCUP has not been definitely studied. A potential role of PET/CT has been suggested in detecting primary occult lesions (>5–8 mm) in MCCUP,¹⁴ however positive results using [^{18}F] FDG have been reported only to confirm lymph nodes disease involvement or to identify unknown metastases.¹⁵ Similarly, our approach based on SSTR imaging, confirmed the role of PET/CT to identify metastases in MCCUP. Unfortunately PET/CT failed in the identification of primary tumour site also in our experience, possibly due to the intrinsic characteristics of such tumours. Nevertheless, from a clinical perspective, SSTR PET/CT may significantly impact in patients' management especially to rule out tumour spread.

Table 1 Baseline patients' characteristics and main results of the study

Pt	Sex, age (year)	Site of primary MCC	Previous surgery for MCC	Previous malignancy and co-morbidities	SSTR PET/CT			Final diagnosis	
					Clinical purpose	Radiolabelled peptide	Results	Method	Result
1	M, 74	Ear	Partial excision of primary tumour	Prostate cancer + chronic lymphocytic leukaemia	Staging	DOTANOC	TP	Follow-up (CT + SSTR PET/CT)	PD
2	M, 72	Thigh	Excision of primary tumour + SLn biopsy	Any	Re-staging (suspected recurrence at CT)	DOTANOC	TP	Follow-up (clinical)	Death
3	M, 74	Arm	Excision of primary tumour + local lymphadenectomy	Any	Re-staging (increase chromogranin A)	DOTANOC	TN	Follow-up (CT)	NEoD
4	M, 80	Unknown	Ln excisional biopsy	Colorectal cancer + melanoma	Detect primary site	DOTANOC	TP (Ln)	Histology	Mts
5	F, 80	Cheek	Excision of primary tumour + local lymphadenectomy	Chronic myelogenous leukaemia	Staging	DOTANOC	TN	Follow-up (CT)	NEoD
6	M, 73	Hand	Excision of primary tumour + local lymphadenectomy	Gilbert's syndrome	Re-staging (suspected recurrence at CT)	DOTANOC	TN	Follow-up (US)	NEoD
7	M, 47	Cheek	Partial excision of primary tumour	Any	Staging	DOTANOC	TP	Follow-up (CT + MRI)	SD
8	M, 71	Unknown	Ln excisional biopsy	Any	Re-staging (evaluation at the end of chemotherapy)	DOTANOC	TP	Follow-up (CT)	PD
9	M, 58	Thigh	Excision of primary tumour + local lymphadenectomy	Any	Staging	DOTATATE	FP	Follow-up (US)	NEoD
10	M, 67	Cheek	Excision of primary tumour + SLn biopsy	Seronegative arthritis + hypertrophic cardiomyopathy	Staging	DOTATATE	TN	Follow-up (CT)	NEoD
11	M, 79	Back	Excision of primary tumour + local lymphadenectomy	pNET	Re-staging (evaluation at the end of chemotherapy)	DOTATOC	FP	Follow-up (US)	NEoD
12	M, 81	Thigh	Excision of primary tumour + SLn biopsy	Melanoma + acute myocardial infarction + chronic renal failure	Re-staging (suspected clinical Lns recurrence)	DOTATOC	TP	Follow-up (clinical)	Death
13	F, 41	Gluteus	Excision of primary tumour + SLn biopsy	Chronic anaemia	Staging	DOTATOC	TN	Follow-up (CT)	NEoD
14	F, 70	Unknown	Ln excisional biopsy	Any	Detect primary site	DOTATOC	TN	Follow-up (CT)	NEoD
15	M, 80	Unknown	Ln excisional biopsy	Any	Re-staging (Lns mts)	DOTATOC	TP	Follow-up (CT)	PD
16	M, 74	Gluteus	Excision of primary tumour + local lymphadenectomy	Acute myocardial infarction	Re-staging (evaluation at the end of chemotherapy)	DOTATATE	TP	Follow-up (CT)	PD
17	M, 59	Unknown	Ln excisional biopsy	Any	Detect primary site	DOTATATE	TP (Ln)	Histology	Mts
18	F, 74	Gluteus	Excision of primary tumour + SLn biopsy	Any	Staging	DOTATATE	TN	Follow-up (CT)	NEoD
19	M, 68	Anal canal	Partial excision of primary tumour	Any	Re-staging (evaluation at the end of EBRT)	DOTATOC	FN	Follow-up (CT)	PD
20	M, 87	Popliteal fossa	Excision of primary tumour + local lymphadenectomy	Benign prostatic hypertrophy	Re-staging (follow-up)	DOTATOC	TP	Histology	Mts*
21	M, 69	Gluteus	Excision of primary tumour + SLn biopsy	Any	Staging	DOTATATE	TP	Histology	Mts
22	F, 54	Unknown	Ln excisional biopsy	Diabetes	Detect primary site	DOTATATE	TN	Follow-up (US)	NEoD
23	M, 68	Arm	Excision of primary tumour	Renal cancer	Re-staging (suspected recurrence at CT)	DOTATATE	FP†	Follow-up (CT)	NEoD

*Patient with concomitant MCC abdominal metastases and primary colon cancer identified by PET/CT.

†Patient subsequently diagnosed as pNET (cytology); follow-up examinations (CT and US) did not show evidence of MCC recurrence (stable pNET).
 CT, computed tomography; F, female; FN, false negative; FP, false positive; Ln, lymph node; M, male; MRI, magnetic resonance imaging; Mts, metastases; n.e., not evaluable; NEoD, no evidence of disease; PD, progressive disease; PET/CT, positron emission tomography/computed tomography; SLn, sentinel lymph node; SD, stable disease; SSTR, somatostatin receptor; TP, true positive; TN, true negative; US, ultrasound.

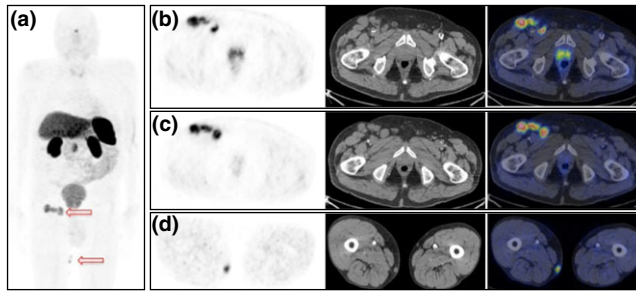


Figure 1 ^{68}Ga -DOTATOC positron emission tomography/computed tomography in a patient (#15) with Merkel cell carcinoma (MCC). MIP (a) shows two sites of ^{68}Ga -DOTATOC uptake (red arrow). Axial images identify MCC disease in right inguinal lymph nodes (b,c) and in subcutaneous nodule of the right thigh (d).

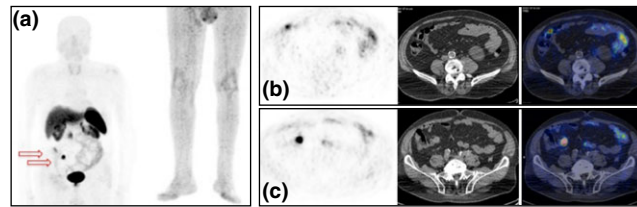


Figure 2 ^{68}Ga -DOTATOC positron emission tomography/computed tomography in a patient (#23) with Merkel cell carcinoma (MCC). MIP (a) shows two sites of ^{68}Ga -DOTATOC uptake (red arrow). Axial images localize radiotracer uptake in intestinal loop diagnosed as colon cancer (b) and in a MCC metastatic abdominal lymph node (c).

Table 2 Change in management (expected vs. undertaken) according to ^{68}Ga -DOTA-peptide PET/CT results

Patient	Site of primary MCC	Clinical purpose	Tracer uptake (site)	Management	
				Expected	Undertaken
3	Arm	Re-staging	Any	Individualized treatment	Follow-up
6	Hand	Re-staging	Any	Individualized treatment	Follow-up
8	Unknown	Re-staging	Multiple Lns	Any	'Cold' somatostatin analogue therapy
17	Unknown	Detect primary site	Ln	Radiation therapy	Surgery (second look)
20	Popliteal fossa	Re-staging	Ln + bowel*	Chemotherapy	Surgery (second look)
21	Gluteus	Staging	Ln	Adjuvant chemotherapy or radiation therapy	Surgery (second look)
23	Arm	Re-staging	Pancreas†	Individualized treatment	Follow-up

*Patient with concomitant MCC abdominal metastases and primary colon cancer.

†Patient diagnosed as pNET (cytology).

CT, computed tomography; Ln, lymph node; MCC, Merkel cell carcinoma; PET/CT, positron emission tomography/computed tomography; T, primary tumour.

Overall, ^{68}Ga -DOTA-peptides PET/CT presented good diagnostic performances in our series of MCC. Moreover, if we considered TP also the patient subsequently diagnosed as pNET (radiolabelled peptides imaging identifies SSTR expression independently from the site of NET origin), the diagnostic performances of SSTR PET/CT further improved (92% sensitivity, 80% specificity and 87% accuracy).

Comparing the diagnostic performances of ^{68}Ga -DOTATOC, ^{68}Ga -DOTATATE and ^{68}Ga -DOTANOC PET/CT, we observed a higher accuracy using ^{68}Ga -DOTANOC compared to ^{68}Ga -DOTATOC and ^{68}Ga -DOTATATE (100%, 71% and 75% respectively). However, despite the sample size of patients for each tracer we used is similar, the heterogeneity of our population and the different clinical purposes for PET/CT examina-

tions, make unreliable any speculation. Nonetheless, direct comparison of PET/CT using ^{68}Ga -DOTATOC and ^{68}Ga -DOTATATE¹⁶ in NET, showed comparable diagnostic accuracy despite their different SSTR2 affinity. Notably, we reported the first series of MCC patients imaged by ^{68}Ga -DOTANOC. In fact, the only case of MCC previously studied with ^{68}Ga -DOTANOC was included in a series of patients published by Ambrosini *et al.*⁵ in which PET/CT was performed to assess bone metastases.

^{68}Ga -DOTA-peptides PET/CT lead to a change in therapeutic patients' management in a high percentage of subjects, avoiding unnecessary treatment in three cases. Very recently, Buder *et al.*¹⁰ used PET ($n = 19$) or PET/CT ($n = 5$) with ^{68}Ga -DOTATOC/ ^{68}Ga -DOTATATE to stage MCC. Although the

number of patients evaluated in this series was comparable to our, they performed PET alone in the majority of cases, thus we reported the largest series of MCC studied by SSTR PET/CT. Buder *et al.*¹⁰ found high sensitivity of SSTR PET to detect metastases which translate in an upstaging of disease in three cases, and lead to a change in therapeutic management in a lower proportion of patients compared to our series (13% vs. 30%). The higher proportion of patients in whom SSTR imaging impacted in our series may be partially explained by the use of PET/CT (instead of PET alone) and the inclusion of other than staging examinations.

The demonstration of SSTR expression using ⁶⁸Ga-DOTA-peptides PET/CT may be also used to offer a therapeutic option (i.e. PRRT) to MCC patients^{4,7,8} since the current treatment regimens for metastatic disease have a limited impact on the overall survival.¹⁷

[¹⁸F]FDG-PET/CT, currently considered an accurate imaging modality in MCC, upstaged disease in 16% of cases in a review of 97 patients¹⁵ and changed the stage of disease as well as treatment in 22% of cases in a review of 102 patients.¹⁸ In our series ⁶⁸Ga-DOTA-peptides PET/CT findings did not change the pre-PET disease stage but impacted on patients' management also in the staging setting. According to a meta-analysis of six studies, the sensitivity and specificity of [¹⁸F]FDG-PET/CT in the staging are 90% and 98% respectively.¹⁹ We found high sensitivity and specificity of ⁶⁸Ga-DOTA-peptides PET/CT in the staging (100% and 80% respectively), while both sensitivity and specificity decreased during re-staging (86% and 50% respectively). However, a head-to-head comparison of both imaging approaches (SSTR expression vs. [¹⁸F]FDG metabolism) is lacking in literature and it warrants an interesting tool for further research.

Despite these promising results, our study is affected by some limitations, mainly represented by patient population. First, the number of enrolled subjects is limited (but it should be into account the orphan disease status of MCC) and PET/CT was performed with different clinical purposes. Second, phenotype tumour properties (i.e. proliferative index) and immunohistochemical characteristics were available only in a very small subset of patients avoiding the possibility to correlate tumour features and PET/CT results. Finally, although data reported in literature confirmed that ⁶⁸Ga-DOTA-peptides have similar diagnostic accuracy, we performed PET/CT using three different ⁶⁸Ga-DOTA-peptides even if the number of patients in each subgroup and the images acquisition protocol employed were comparable, making reproducible the results deriving from both Centres.

Conclusions

⁶⁸Ga-DOTA-peptides PET/CT resulted useful in MCC to identify site(s) of disease, presenting high diagnostic performances and a significant impact in disease management. However, in patients with MCCUP, SSTR PET/CT was unable to identify primary tumour site.

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